



## **Genuine Skagit Cooking From Our Home to Your Table**

**For Immediate Release**

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**Skagit, WA** — Residents of Skagit Valley have opened their recipe boxes and shared their prized dishes on the pages of [Genuine Skagit Cooking](#), a new regional cookbook celebrating the farm-raised flavors of the Skagit Valley.

**Genuine Skagit Cooking | Available May 7, 2024**

Featuring over 45 recipes from food producers, small business owners, and residents from around Skagit Valley, *Genuine Skagit Cooking* is a collaboration between [Genuine Skagit Valley](#), an organization that supports Skagit Valley growers and producers to help sustain farming in the region for generations to come, and [Raspberry Bow Press](#), an independent book press located in Skagit.

Nestled in the Pacific Northwest between Seattle and Vancouver with views of Mount Baker and the San Juan Islands, Skagit Valley is the most important agricultural valley remaining in the Puget Sound region. Its soil is noted to be among the world's top 2% of soils.

"Since the first commercial harvest of potatoes in 1853, Skagit farmers and their fertile soil have supplied the Northwest, nation, and world with nearly every crop imaginable," said Blake Van Roekel, director of Genuine Skagit Valley, who co-wrote the cookbook along with Stefanie Lejeuness. "We've taken the tastes of the Valley one step further and are proudly sharing farm-fresh recipes straight from the kitchens of our little corner of the country to homes across the globe."

Paired alongside acclaimed food photographer Charity Burggraaf's photos of recipes and locally grown produce, *Genuine Skagit Cooking* invites both locals and others across the country into the kitchen to cook the Skagit way.

*Genuine Skagit Cooking* features recipes for every meal of the day from six categories (vegetables, fruit, meat + dairy, seafood, grains, and flowers + herbs). Among the 160 pages, readers will learn how to create dishes such as Savory Filled Buns, Smokey Creamy Carrot Soup, Blueberry-Basil Tart, and a Skagit Seafood Boil. In addition, the cookbook includes profiles about Skagit Valley farmers and producers, making it an excellent resource for anyone interested in learning more about where their food comes from.

"It's an honor to be featured in *Genuine Skagit Cooking*. We take great pride in growing a diverse range of organic vegetables, grains, beans, flowers, seed crops, and eggs from our pasture-raised chickens on 35 acres of rich farmland," said Amy Frye, who owns and operates Boldly Grown Farm, a family-owned, certified organic mixed vegetable farm in Bow, WA. "We're delighted to be able to share recipes featuring our products with cooks and food enthusiasts worldwide."

"It's a privilege for our stone-milled flour to be featured in the pages of *Genuine Skagit Cooking*," said Kevin Morse founder and CEO of Cairnspring Mills, a flour mill in Burlington, Washington. "Growing up in an Italian-American family, I became convinced of the central role community and authentic food like flour plays in life. Our mission at Cairnspring Mills is to provide the highest quality flour while also supporting local farmers and promoting a healthier food system."

#### **GENUINE SKAGIT COOKING COLLABORATORS**

To learn more about the people behind *Genuine Skagit Cooking*, please visit the link below:  
[Meet the Genuine Skagit Cooking collaborators](#)

#### **TO PURCHASE GENUINE SKAGIT COOKING**

<https://www.bookshucker.com/product/genuine-skagit-cooking-preorder-/692>

#### **\*FREE BOOK LAUNCH EVENT | OPEN TO THE PUBLIC\***

**WHAT:** Genuine Skagit Cooking Launch Party

**WHEN:** Tuesday, May 7 · 5 – 7 pm PDT

**WHERE:** [The Vinery at Christianson's Nursery and Greenhouse](#)

15806 Best Road Mount Vernon, WA 98273 | Parking is free and plentiful off of Best Road in front of The Vinery.

#### **DETAILS**

Break bread in tribute to the farmers, food producers, and residents featured on the pages of *Genuine Skagit Cooking*.

Enjoy bites of small plates featured in the cookbook, guests will also be first in line to get their hands on the cookbook.

#### **TO REGISTER**

Guests must RSVP for this event here:

<https://www.eventbrite.com/e/genuine-skagit-cooking-launch-party-tickets-866795688237>

Space is limited, tickets by donation.

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